

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2023

Birch Trail Recreation



**1**  
9:00 Morning Movie  
2:00 Canadian Trivia

Canada Day

**2**  
**Morning Therapy Dog Visits**  
10:00 Patio Coffee  
2:30 Church Service @ Southview

**3**  
11:00 Active Game  
2:00 Baking Classic Canadian

**4**  
10:00 Resident Biking  
**12:00 Chicken & Fries Lunch**  
1:30 Small Group Fun  
2:00 Patio Trivia  
3:00 Bible Study  
5:30 Feel n Fold  
6:00 Bingo

**5**  
**10:00 Donut Day**  
11:00 Ball Exercises  
**2:00 Birthday Party with Ken Lighthouse**  
3:00 Church Service  
5:30 Stuffing Ministry Letters  
6:00 Making Snacks and Oldies Movie

**6**  
**10:45 Picnic Outing**  
1:30 Visits  
3:00 Hymn Sing with Margaret  
5:30 Feel n Fold  
6:00 Evening Strolls

**7**  
1:15 Snoezelen  
2:00 Special Treat Cart  
5:30 Matching & Sorting  
6:00 Scattergories

**8**  
9:30 Morning Movie  
2:00 Coffee, Chat and Colouring on the Patio

**9**  
**Morning Therapy Dog Visits**  
10:00 Strolls and Visits  
2:30 Church Service @ Southview

Happy Birthday, Anna, Sandra and Mary!

**10**  
10:00 Creative Chaos  
11:00 Ball Exercises  
2:00 Patio Trivia

**11**  
10:00 Resident Biking  
11:00 Let's do more biking  
2:00 Milkshakes on the Patio  
3:00 Bible Study

**12**  
11:00 Ball Exercises  
**11:00 Port Dover Fishing & Lunch Outing**  
2:00 Patio Social  
3:00 Church Service

**13**  
10:00 Bowling  
11:00 Visits  
2:00 Small Group Trivia  
3:00 Hymn Sing on TV  
5:30 Feel n Fold  
6:00 Bike Rides

**14**  
1:30 Dinner for 4 prep  
2:30 Special Treat Cart  
4:30 Dinner for 4 on the Patio  
6:00 Feel n Fold / Word Game

**15**  
9:30 Morning Movie  
2:00 Crafty Corner

**16**  
**Morning Therapy Dog Visits**  
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**17**  
10:00 Ball Exercises  
11:00 Fun & Games (Patio)  
1:15 Outdoor Strolls  
2:00 Baking Classic Canadian  
5:30 Feel & Fold  
6:00 Game Night

**18**  
10:00 Resident Biking  
11:00 Let's do more biking  
1:15 Animal Trivia  
2:00 Word in a Word  
5:30 Feel & Fold  
6:00 Pictionary

**19**  
10:00 Ball Exercises  
11:00 Board Games.  
1:15 Manicures  
2:00 Creative Fun  
5:30 Feel & Fold  
6:00 July Word Game

**20**  
10:00 Friendly Visits  
11:00 Fun & Fitness  
**11:00 Lavender Farm Outing**  
5:30 Feel & Fold  
6:00 Floor Yahtzee

**21**  
10:00 Let's go Biking  
11:00 Let's do more biking  
1:15 Visits  
2:00 Banana Split Special Treat Cart  
5:30 Word Square  
6:00 Arts n Crafts

**22**

**23**  
**Morning Therapy Dog Visits**

**24**  
11:00 Ball Exercises  
1:15 Snoezelen  
3:00 Outdoor Walks  
5:30 Feel & Fold  
6:00 Balloon Tennis

**25**  
**8:00 Breakfast in the Craft Room**  
11:00 Visits  
1:15 Outdoor Strolls  
5:30 Feel & Fold  
6:00 Top 10 Canadian Landmarks

**26**  
11:00 Ball Exercises  
1:15 Snoezelen  
3:00 Outdoor Walks  
5:30 Feel & Fold  
6:00 Milkshakes on the Patio

**27**  
1:15 Manicures  
5:30 Matching & Sorting  
6:00 Balloon Tennis

**28**  
10:00 Dice Baseball Games  
11:00 Trivia  
2:30 Special Treat Cart

**29**  
9:15 Morning Movie  
2:00 Cocktails on the Patio

**30**  
**Morning Therapy Dog Visits**  
10:00 Strolls and Visits  
2:30 Church Service @ Southview

**31**  
1:30 Small Group Fun  
3:00 Classic Canadian Treat  
5:30 Feel n Fold  
6:00 Word in a Word

**Birthdays:**

- Anna Boers- July 9
- Sandra Blundell- July 9
- Mary Sywak- July 9

